



Presents: The Families In TRANSition Group

A 10-week virtual group the parents/caregivers of trans* youth

- ◀ There are two groups; one for parents and one for trans and non-binary youth.
- ◀ Learn about social and physical transition options (advocacy at school, hormones, surgeries)
- ◀ Promote trans* youth mental health, well-being and resiliency

- ◀ Gain tools for strengthening communication
- ◀ Build skills for managing strong emotions in a supportive and non-judgmental space

Trans* (transgender, non-binary, gender queer, agender, gender diverse, gender fluid, gender questioning...)

Youth (age 14 - 24)



Parents group runs Wednesdays from 6-8p.m. October 7th- December 9th 2020.

Pre-registration and phone intake required.

For more information or registration
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